



Safe Bicycle Course

A safe bicycling course for parents of students at Suquamish is coming **Spring 2012** and **Fall 2012!**

Enroll in this free weekend program offered by a partnership between the Suquamish Elementary School, Bicycle Alliance of Washington and Safe Routes to School.

The course teaches parents safe riding habits and promotes healthy options for families living within a bikeable distance of the school.



Suquamish
Elementary
School



Safe Routes
to School—WA
DISCOVER YOUR WORLD



BICYCLE
ALLIANCE

OF WASHINGTON

BicycleAlliance.org

In-classroom discussion:

- Riding on roads with cars
- Rules of the Road for all vehicles
- State and local laws
- Common road hazards
- ABC Quick Check and identifying safe and unsafe bicycle equipment

On-bike practice in a car-free environment:

- Controlling a bike
- Proper hand signals
- Avoiding obstacles

On-road practice in the neighborhood:

- Riding a bike with parked and moving vehicles
- Following the rules of the road
- Reading traffic patterns to anticipate and avoid problems

The course includes two 4-hour sessions taught by experts in bike education. Loaner bikes are available for parents who do not have a bicycle in good repair. The course is an ongoing collaboration with the existing Safe Routes to School program at Suquamish Elementary.

For more information and to register for the class, visit

www.bicyclealliance.org/programs/gobybike.html

Or contact Josh Miller at Bicycle Alliance of WA joshm@bicyclealliance.org 206.224.9252 x305